

# COURSES FOR DIRECT CARE PROFESSIONALS

## JANUARY-JUNE, 2018



New Communities provides the comprehensive training your employees need to be effective in their direct care roles. Each year, we train more than 1500 people in four Maine locations to provide direct care services throughout the state.

### Certified Residential Medication Aide (CRMA)

\$300, 40 hours, 5-day course, 8:30am-5pm; Add \$80 for supervised medication administration (scheduled separately)

Teaches the skills needed for safe medication administration and covers State of Maine regulations, common medications and side effects, and basic anatomy and physiology. Participants may choose to add supervised Medication Administration provided by an RN and needed to obtain the certification.

#### Augusta Training Center

Jan 25,26,29,30, Feb 1  
Mar 5,6,8,9,12  
May 14,15,17,18,21

#### Biddeford Training Center

Jan 8,9,11,16,18  
Mar 12,13,15,19,20  
May 7,8,10,14,15

#### Norway Training Center

Feb 14,16,20,21,23  
Apr 4,5,9,11,13  
June 11,13,15,18,19

#### Skowhegan Training Center

Feb 12,13,15,16,20  
Apr 9,10,12,17,19  
June 11,12,14,18,20

### Certified Residential Medication Aide (CRMA)

#### Optional Study Group and Recertification Exam

Two days: Exam plus study group \$125; One day: Exam only \$85. Day 1-study group, 8:30am-12:00pm; Day 2-exam, 8:30am-2:30pm

The exam is offered to participants with a current CRMA certification. The optional study group meets on a day prior to the exam.

#### Augusta Training Center

Feb 8,9  
Apr 5,6  
June 4,5

#### Biddeford Training Center

Jan 4,5  
Mar 1,2  
May 3,4

#### Norway Training Center

Jan 2,3  
Feb 5,6  
Mar 5,6  
Apr 2,3  
May 1,2  
June 4,5

#### Skowhegan Training Center

Jan 9,10  
Mar 1,2  
May 8,9

### Personal Support Specialist

\$325, 48 hours, 6-day course, 8:30am-5pm

The course offers the training needed to provide direct care for individuals living in a residential care facility.

#### Biddeford Training Center

Jan 23,25,26,29,30, Feb 1

#### Apr 2,3,5,9,10,12

June 4,5,7,11,12,14

### Training Locations

Augusta - 11 Parkwood Drive  
Biddeford - 25 Amherst Street  
Norway - 245 Main Street  
Skowhegan - 54 High Street

### Contact

Sharon Wyman  
Training Coordinator  
(207) 591-0751 x-117  
training@newcomms.org

### American Safety & Health CPR & First Aid

\$85, 8:30am-12:30pm

**MORE CLASSES ADDED!**

A video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services arrives. Instructors observe student practice and guide students' learning of skills.

#### Augusta Training Center

Jan 10  
Jan 24  
Feb 14  
Mar 1

Mar 14  
Mar 29  
Apr 11  
Apr 26

May 9  
May 23  
June 6  
June 20

#### Norway Training Center

Feb 9  
Apr 18  
June 8

#### Skowhegan Training Center

Feb 23  
Mar 6  
May 15  
June 5

### Direct Support Professional Certificate

\$100, 8:30am-4:00pm - 2-day live classes

**NEW CLASS!**

\$320, live classes, online classes, and tracking & reporting

Two-day live course needed to complete the DSP certificate. Instruction covers all material required by the Maine standard in a participatory, highly interactive environment. Call for pricing for complete administration for your organization.

#### Augusta Training Center

Jan 4,5  
Feb 20,21  
Mar 15,16

Apr 19,20  
May 10, 11  
June 14,15

### Diabetic Certification

\$85, 2:00-4:30pm

This certification course meets Maine assisted housing licensing standards and covers dietary requirements, anti-diabetic oral medications, injection techniques and site rotation, treatment and prevention of insulin reaction including signs/symptoms, foot care, and Standard Precautions.

#### Augusta Training Center

Feb 8  
Apr 5  
June 4

#### Biddeford Training Center

Jan 4  
Mar 1  
May 3

#### Norway Training Center

Jan 2  
Feb 5  
Mar 5

Apr 2  
May 1  
June 4

#### Skowhegan Training Center

Jan 9  
Mar 1  
May 8

Register online at [newcommunitiesinc.org/training.asp](http://newcommunitiesinc.org/training.asp)

# New Communities Training Division

## The Classes We Teach

- ▶ American Safety & Health CPR & First Aid
- ▶ CRMA 5-Day (more sessions added!)
- ▶ CRMA Recertification Exam With Optional Study Group
- ▶ Diabetes Certification
- ▶ Direct Support Professional (DSP)
- ▶ Personal Support Specialist

*Course times may be subject to change.  
Please check our website for the latest schedule.*

## NEW for the Direct Support Professional

- ▶ We've added more First Aid/CPR classes to help you meet the new State of Maine DSP requirements.
- ▶ DSP live classes added.
- ▶ Contact us to administer your College of Direct Support training!

## Training Coordinators

- ▶ Ask us about providing training at your location.
- ▶ We offer discounts for groups!

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